shear modulus.

The diffusion coefficient, D, is given by,

$$D = D_0 e^{-(Q_d + PV_d)/kT}$$
(2)

where  $Q_d$  and  $V_d$  are respectively the activation energy and activation volume for self diffusion, P is the hydrostatic pressure and  $D_0$  is the pre-exponential frequency factor.

In a steady-state creep experiment the activation volume may be obtained by the change of slope method where the pressure is periodically cycled between two different pressure levels,  $P_1$  and  $P_2$ , while keeping the temperature and deviatoric stress constant, and the steady-state creep rates corresponding to  $P_1$  and  $P_2$  are measured. Using this method  $V_d$  is given by

$$v_d = -\frac{kT}{P_2 - P_1}$$
 In  $\frac{\dot{\epsilon}_2 G_2^m D_{0_1}^{a_1}}{\dot{\epsilon}_1 G_1^m D_{0_2}^{a_2}}$  (3)

or

$$v_d = v_c - \frac{kT}{P_2 - P_1} \ln \frac{G_2^m D_{O_1}^{a_1}}{G_1^m D_{O_2}^{a_2}}$$
 (4)

where

$$V_{c} = -\frac{kT}{P_{2}-P_{1}} \ln \frac{\dot{\epsilon}_{2}}{\dot{\epsilon}_{1}}$$
 (5)

is the apparent activation volume from creep measurements.